

Autism Society, Central Ohio (ASCO) offers families and professionals educational opportunities to learn about autism on a local and national level. ASCO strives to offer a variety of workshops, family supports and informational sessions by local and national leaders. ASCO is a dynamic chapter partnering with COSI, Franklin Park Conservatory, The History Connection, The Ohio State University Nisonger, OCALI, Nationwide Children's Hospital and other leaders in autism to provide the best for Central Ohio!!

**Back by Popular Demand....**  
**Hop, Skip and Jump for Autism Awareness**  
**at Get Air Trampoline Park**



**Thursday, April 6, 2017**  
**6:30pm to 8:30pm**  
**Get Air Trampoline Park**  
**3708 Fishinger Blvd**  
**Hilliard, OH 43026**

ASCO is excited to host its 2nd Autism-Friendly, Family-Friendly Jump event! ASCO has reserved the entire trampoline park in order for our families to enjoy a safe and sensory-friendly experience. Everyone with autism and their siblings can enjoy two hours of jump time, a slice of pizza and a drink for \$10!  
The event is limited to 150 jumpers - so register soon!

Come jump into the foam pit, play dodge ball, try the ninja course, dunk while playing slam ball, join your friends in the knocker balls, climb the fidget ladders, attempt the slack line, flip and have FUN!! Each jumper is required to bring a completed waiver or complete a waiver online. Go to our website <http://www.autismcentralohio.org/> to print waiver.  
\*You may wear Skyzone socks if you have them.

**Event Fee \$10 per jumper max \$40 per family. To register go to:**

<https://events.r20.constantcontact.com/register/eventReg;jsessionid=B383317EDA6832A882031A4B661C49A6?oeidk=a07edyhst1lc461d78d&oseq=&c=&ch=>

**\*\*\*Photo Release for this event!**

By registering for this event I am specifically granting permission to Autism Society Central Ohio to use photographs taken at this event to be used, in any form, for the purpose of advertising or communicating the purposes and activities of Autism Society Central Ohio. Autism Society Central Ohio is granted the right to utilize the aforesaid, likeness, photograph or words in television, radio, film, newspapers, magazines, website or any other media to further Autism Society Central Ohio's charitable purpose under the Internal Revenue Code.

**BIG THANK YOU** to Ability Matters for being our Pizza Sponsor!



Please call us if the event fee is a hardship. We have scholarships available.

## ANNOUNCEMENT from ASCO



April 26, 2017  
On The Border, Easton  
GIVES BACK

**Come Join Us - 20 % of ALL sales will be donated back to ASCO!**

That includes lunch, dinner, catering and drinks! So, come out and support ASCO and get your margarita on! Just bring a copy of the flyer or show them the an electronic versus from our website

<http://www.autismcentralohio.org/>

The flyer features a large graphic on the left that reads "OTB GIVES BACK" in bold, colorful letters (OTB in black, GIVES in green, BACK in orange). To the right of the text are three images: a bowl of guacamole, a slice of chocolate cake, and a plate of grilled fish with vegetables. Below these images is a yellow banner with the text "SAVE THE DATE Wednesday, April 26, 2017 - LUNCH & DINNER". The bottom section of the flyer contains the following text: "Please join us to help raise money for the Autism Society Central Ohio Bring this flyer 4/26/2017 20% of sales will be donated to the charity. For more details contact: On The Border 614-471-4416 4175 Morse Crossing Columbus, OH 43219".

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*For more details contact:*  
**On The Border**  
614-471-4416  
4175 Morse Crossing  
Columbus, OH 43219

P.O. Box 272  
Worthington, OH 43085  
Telephone: 614.284.6323  
[www.autismcentralohio.org](http://www.autismcentralohio.org)  
Email: [centralohioasa@gmail.com](mailto:centralohioasa@gmail.com)

## **ASCO welcomes new members to its Board of Directors:**

**Lori L. Barton** is an Intervention Specialist with Columbus City Schools and the parent of an adult with ASD. She has years of experience as an educator of children with special needs and a passion for helping families. She is interested in expanding opportunities for adults with disabilities.

**Courtland Bishop** is CEO of DataField Technology Services in Worthington, Ohio and parent of twin sons, one with ASD. He brings years of business experience to the Board as well as a commitment to equal opportunities and inclusion for those with disabilities.

**Michelle Green-Seymour** has 25 years of experience in the field of Intellectual and Developmental Disabilities, including a stint as Regional Director of Habilitation Services in Columbus. She is committed to the provision of quality disability services to all ages and in a broad range of options.

**Gwen Harshaw** is also the parent of an adult with ASD and a longtime volunteer for disability organizations, including Special Olympics, Goodwill, Food for Good Thought, Aspirations and OCALI. She is passionate about developing opportunities in the arts for those we serve.

**April Lott's** son is 13 years old and she has been an active advocate for effective services at both a local and statewide level since his diagnosis nearly 10 years ago. As a single working mother (systems analyst) with a background in Political Science and Business, she understands how policy and legislation affect individuals and families.



### **COFFEE, Tea & Autism Support group for Parent with Older Teens & Adults**

Please join us for answers to questions you have and some you didn't even know you had! What's Next - with an emphasis on moving up and out into the world!

**Wednesday, April 19, 2017 from 6:30pm - 8:00pm**

OCALI, 470 Glenmont Ave, Columbus, Ohio 43214, Room 305

We are excited to have Anne Russell! Anne Russell has worked for the Franklin County Board of DD for over 20 years and has experience as a service coordinator (SSA), supervisor and public speaker. She has experience in community mental health and volunteers as an emergency medical responder for the Red Cross First Aid Services Team (FAST) in her spare time.

We will be holding a Board Game Night again for the older teens and adults in the OCALI gym at the same time! Please **RSVP** by emailing- [autismsocietycentralohio@gmail.com](mailto:autismsocietycentralohio@gmail.com) or calling 614-284-6323.

**\*Please indicate if you will be bringing your older teen or adult**

**Coffee, Tea and Autism** is a new style of support group that will be led by volunteers whose lives have been touched by autism. Sometimes the best support and information comes from others living the same journey.

These support groups can ...

Connect people with similar experiences

- Provide new resources, ideas and suggestions
- Encourage you throughout your journey
- Celebrate successes no matter how small
- Let you know you are not alone
- Allow understanding with no judgement
- Are you a person with an Autism Spectrum Disorder, a parent or other family member living the autism journey? This group is for you!



**Fairfield County** meets the third Thursday of every month from 6:30 to 8:00 at Trinity United Methodist Church 6389 Blacklick Eastern Rd Pickerington, OH 43147 **RSVP** and questions [CoffeeTeaAndAutism\\_Fairfield@gmail.com](mailto:CoffeeTeaAndAutism_Fairfield@gmail.com)

**Franklin County** will meet April 18, May 16, June 20, July 18 & August 15. Meetings are held at Nemeth Counseling, 5123 Norwich St, Suite 110, Hilliard, Ohio. Please check Facebook or our website for any changes to schedule.

### **ASCO is excited to announce 3<sup>rd</sup> Session of Together in Motion (TIM) - Yoga Classes!**

Mondays, May 1, 8, 15, 22, and then June 5th - No practice on Memorial Day.

5:00 pm to 5:45 pm

**Grow Yoga** - the sister studio to Yoga On High.

1780 5<sup>th</sup> Avenue

Columbus, Ohio 43212

To Register go to:

<http://events.constantcontact.com/register/event?llr=ry68sljab&oeidk=a07edzrnrqh887e588b>

**TIM** will educate the individual and family on the benefits of Yoga, lifelong skills that can be incorporated into everyday life! Each week the individual will work on:

- Repeated practice of postures and skills that will build muscle and neurological memories, building on many skills and therapies often used
- Creation of tool box of stress reduction skills and weekly practice

Body and spatial awareness building for many of our participants work to follow multi step instructions

### **SAVE THE DATE: For more details check out our Facebook, twitter and Instagram!**

Sunday, May 7, 2017 - Family Photo Shoot at Rockford Homes

Saturday, June 10, 2017 - Franklin Park Conservatory Butterfly Event

Thursday, June 22, 2017 -Dad's Night Out at On The Border, Easton

**Food for Good Thought presents ARTS & AUTISM FESTIVAL**, Sunday, April 9th from 3:00 to 7:30 pm at The Gateway Film Center at 1550 North High Street in Columbus. ASCO and Ohio Arts Council are sponsors of this event. To prepare individuals with autism for public events or to help them understand a new place, Carol Gray created a social story, which describes a situation or event in detail. Please feel free to download this social story for the Arts & Autism Festival, complete with pictures and descriptive text.

<https://gallery.mailchimp.com/fc52061af81e839dbda9b38d0/files/b6b87693-6eea-4800-860f-d9c6078e6d55/Social Story Arts and Autism Festival 04 09 17 PDF Version.pdf>

## **FROM NATIONAL: Public Policy and Advocacy News and Notes**

### **49th Annual Autism Society National Conference**

July 12-15, 2017 in Milwaukee Wisconsin

Your Quality of Life Conference

For more information go to: <http://www.autism-society.org/get-involved/conference/>

For more advocacy tips, email [advocacy@autism-society.org](mailto:advocacy@autism-society.org) or follow us on Twitter [@Ignite4Autism](https://twitter.com/Ignite4Autism) and use hashtag [#Ignite4Autism](https://twitter.com/Ignite4Autism).

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## **Summer Programming**

**Columbus Speech and Hearing** has a few summer groups. For more information, go to call 614-263-5151 or go to: [www.columbusspeech.org](http://www.columbusspeech.org).

**Columbus Children's Theatre** is now taking registrations for summer camps. Check it out at <https://reg129.imperisoft.com/ColumbusChildrensTheatre/Search/Registration.aspx>. CCT partners with ASCO to provide sensory friendly experiences for those with autism and other disabilities.

**Step by Step Summer Camp**, June 5 through August 4, 9:30 am to 3:30 pm has a different theme each week. For information, contact Kristen Solomon (614-436-7837) or go to <http://www.stepbystepacademy.org/services/summer-camp-registration>

## **Events & Activities around our Area**

**Autism Awareness Day at COSI**, Sunday, April 2, 10 a.m. to 5 p.m. Special activities available from 11 a.m. to 4 p.m. Contact COSI at 614-228-2674 for more information.

**10th iCanBike Camp** offered by The Down Syndrome Association of Central Ohio, in collaboration with Nationwide Children's Hospital and Autism Society Central Ohio, is hosting two sessions. June 12-16 at Grove City High School and (REGISTRATION CLOSED—WAIT LIST ONLY) for June 5-9 at McCord Middle School in Worthington for more information go to: <http://dsaco.net/event/icanbike/>

**Volunteers are Needed for ICanBike Camp** – for more information go to: <http://dsaco.net/event/icanbike/>  
Anyone interested in volunteering for the event must be at least 16 years old and physically able to walk/run alongside the participant as they master the skill of riding a bicycle. Volunteers must be able to commit 75 minutes a day for the week and attend a training session prior to the start of camp.

**The Decorative Arts Center of Ohio** is now providing Sensory Tours for Children of All Ages. To schedule an individual or group tour, contact Trisha Clifford-Sprouse, [clifford@decartsohio.org](mailto:clifford@decartsohio.org) or 740-681-1423. You can also register on their website, [www.decartsohio.org](http://www.decartsohio.org). The Center is located at Lancaster.

**Community Computer Alliance** has moved to 709 N. James Rd., Columbus, OH 43219.

**Sensory Friendly Movies Monthly** - Marcus Crosswoods Cinema in Columbus for the past three years, the Marcus Theater has been part of a program called Reel **Movies for Real Needs**, a **(monthly)** showing of a just-released family film that provides families with children that have special sensory needs the opportunity to have a day out at the movies that they may not be able to have otherwise. We turn the volume and the lights are kept up a little brighter than usual as well. In addition, since everyone in this showing is with someone who may need some extra attention, these showings



have fostered a great sense of community and understanding that a child or his or her family doesn't have to worry about being a disruption to other guests in the auditorium. These showings are held once a month on a Saturday at 10:30am. Regular matinee pricing applies (\$7.50 for adults, \$6.50 for kids and seniors). Tickets typically go on sale the Tuesday before each date.

**Autism Society Sensory Friendly Films** - are held at the Lennox Theater, 777 Kinnear Rd., Columbus, OH 43212. AMC brings the lights up, turns the lights down, and shows no previews or ads before the movie. Families may bring their own gluten-free and casein-free snacks, and no one cares if your child gets up or makes noise! Movies begin at 10 a.m. Regular admission is charged. Check [www.autism-society.org/get-involved/events/sensory-friendly-films/](http://www.autism-society.org/get-involved/events/sensory-friendly-films/) for upcoming titles.

## **Columbus Children's theatre – Sensory Friendly Performance**

### **Crash**

Wed, April 12 at 7:30pm

Fri, April 21 at 1pm

<http://www.columbuschildrenstheatre.org/sfp.html>

## **Support Groups**

**FCBDD Family Support** - Every month on the third Wednesday; Supt. Jed Morison has a Family Support meeting, 2879 Johnstown Rd., Columbus, Ohio at 10:00 am. This is an opportunity for you to talk with the superintendent directly and find out what is going on at the Franklin County Board of Developmental Disabilities.

**When Down Syndrome and Autism Spectrum Disorders Meet** - The DS-ASD Virtual Chat Room is for parents whose child has a co-occurring Down syndrome and autism spectrum disorder (DS-ASD) diagnosis or parents who suspect something more than Down syndrome.

Parents meet every 2<sup>nd</sup> Tuesday of the month, **online**, to chat, share, and lend support to each other. Monthly chats begin at 7:00 p.m. and conclude at 8:00 p.m. Please contact Regina Parker at [rparker@dsaco.net](mailto:rparker@dsaco.net) or 614-263-6020 for more information and instructions to join the monthly chat.

**Aspirations Ohio** is designed for teens and young adults with ASD. For information on their classes and activities, go to <http://nisonger.osu.edu/aspirations>

**Next Chapter Book Clubs** for adults with disabilities. There is now a Next Chapter Writing Club opportunity as well "Jot it Down". For more information, go to <http://www.nextchapterbookclub.org/>.

**Joyful Noise Worship Service** – Reynoldsburg United Methodist Church, 1636 Graham Rd., Reynoldsburg UMC.com Every 4<sup>th</sup> Saturday, Kirsch Hall @ 6:00pm.

This will be a service open to people of all ages affected by disabilities along with their families and friends. The service is a "No Shushing Allowed" service. All ages are welcome and no one will be made to feel different or unusual. If you know someone with a disability who is looking for a place to worship, please invite them to this service! If you have experience or a heart for working with people with disabilities, please join us as well! For more information, email [joyfulnoise@rumc.org](mailto:joyfulnoise@rumc.org)

**Gentle Worship** is a celebration of the Holy Eucharist for families with individuals who are challenged by special needs and those who would like to be in support of them. The casual, 30-minute service is held the first Sunday of each month at 9:00 am in the choir area of the main Sanctuary at St. Mark's Episcopal Church. <http://www.saintmarkscolumbus.org/>

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## Workshops & Conferences

**2-Day PLAY Project Workshop**, April 6 & 7, 9:30 a.m. to 4:30 p.m. Workshop is for families and professionals interested in learning about or becoming a certified PLAY project consultant. Location: Columbus, Ohio. Go to: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07edkdhepi16096429&oseq=&c=&ch=>

**OSU's 175th Annual Multiple Perspectives Conference on Access, Inclusion and Disability**, April 12-13. Agenda is available at: <http://www.cvent.com/events/the-17th-annual-multiple-perspectives-on-access-inclusion-disability/agenda-bbb5a3709f8543fabbb9a7b191f08697.aspx?i=55173351-5eba-4c0c-9019-2c59af69a890>

**All About Reading training with Valorie Dombroskas**, Ohio Coalition for the Education of Children with Disabilities, April 25, 5:30 to 7:30 pm, Fairfield County District Library, 219 N. Broad St., Lancaster. Contact Becky Schaade, [bschaade@fcdlibrary.org](mailto:bschaade@fcdlibrary.org). Registration required – call 740-653-2745, ext. 182.

**Social Thinking Conference**, May 1-3, 2017 at Doubletree Inn in Worthington, Ohio. Learn strategies to teach social thinking and social skills, self-regulation, perspective taking, self-awareness, executive functioning and more. CEU's available. Go to [www.socialthinking.com](http://www.socialthinking.com) or call 877-464-9278 for more information.

**Ohio School Psychologists Association Annual Conference**, April 26-28, Hilton Columbus/Polaris. <https://www.ospaonline.org/index.php/spring-conf2017>

**Milestones' Fifteenth Annual ASD Conference**, June 14-16, 2017 in Cleveland will kick-off with Temple Grandin, PhD. This year's conference will include "Milestones Legal Track" on June 15<sup>th</sup> in collaboration with the Cleveland Metropolitan Bar Association. For information, or to register, go to <http://milestones.org>.

**OCALICON 2017** will be November 15-17 in Columbus.

**Autism Research Institute Online Education Program** has weekly free expert webinars on topics of interest which are then archived. For more information, go to <http://www.autism.com>.

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## Studies and Surveys

**Educational App and Technology for children with special needs survey.** Parents, professionals, educators and organizations involving children with special needs are welcome to participate. Link to survey: [https://nbsnu.co1.qualtrics.com/SE/?SID=SV\\_egNBPL6vR1ZTxWZ](https://nbsnu.co1.qualtrics.com/SE/?SID=SV_egNBPL6vR1ZTxWZ)

**Department of Applied Behavioral Science, University of Kansas** is seeking to understand the concerns about privacy when using technology to provide services to those with disabilities. Must be 18 years old to participate. Link to survey – [http://kuclas.qualtrics.com/jfe/form/SV\\_cTjynjZCgDuy3Dn](http://kuclas.qualtrics.com/jfe/form/SV_cTjynjZCgDuy3Dn)

**A doctoral candidate with ASD at Lamar University** is conducting a study of the impact of various parental factors on successful employment outcomes for adults with ASD. Participants must have an ASD diagnosis and be at least 26 years old. Go to <https://www.surveymonkey.com/r/PFWPASD>

**Speech-Language survey** for parents of children aged 3 to grade 12 who use a speech-generating device to communicate from University of Kansas. To participate, go to:

[http://kuclas.qualtrics.com/jfe/form/SV\\_d3ZAJ5qDuxZzevz](http://kuclas.qualtrics.com/jfe/form/SV_d3ZAJ5qDuxZzevz)

**The OSU Nisonger Center** is recruiting participants for a new study, "Clonidine for Sleep Disturbances in Children with Autism Spectrum Disorder." For more information, contact Abigail Driscoll at 614-366-3276 or [Abigail.Driscoll@osumc.edu](mailto:Abigail.Driscoll@osumc.edu).

**Nationwide wandering survey** by Cohen Children's Medical Center of New York. To answer the anonymous, on-line questionnaire, go to [www.wanderingresearch.com](http://www.wanderingresearch.com).

**Survey on Predictors of Quality of Life of Adults with ASD.** Must be adult (18 or older) with ASD or their parent to participate. Access survey at [http://kentstate.az1.qualtrics.com/SE/?SID=SV\\_24PKKvAzrbvRI6p](http://kentstate.az1.qualtrics.com/SE/?SID=SV_24PKKvAzrbvRI6p).

### **UPATED RESOURCES – all other located on our website under links!**

**"Intervening Early"** is a newsletter from The Childhood League Center in collaboration with the Ohio Department of Developmental Disabilities and Relate & Grow. To subscribe, go to <http://www.childhoodleague.org/publications/> and press the "Signup now!" button.

**New Social Skills** therapy opportunities are available at Spirit of Peace Clinical Counseling. See <http://kenttherapy.com/ssteam/> for more information.

**Weighted Therapy Products** available from Enabling Devices. For a catalog, contact <https://enablingdevices.com>

**SST 11 - 2017 Summer Resource Directory** - [http://www.sst11.org/wp-content/uploads/2017/03/Summer\\_Resource\\_Directory.pdf](http://www.sst11.org/wp-content/uploads/2017/03/Summer_Resource_Directory.pdf)

**SST 11 – 2017 Family Resource Directory** - [http://www.sst11.org/wp-content/uploads/2017/03/Family\\_Resources\\_Directory.pdf](http://www.sst11.org/wp-content/uploads/2017/03/Family_Resources_Directory.pdf)

**SST 11 – 2017 Colleges & Universities Resource Directory** - [http://www.sst11.org/wp-content/uploads/2017/03/Colleges\\_Universities\\_Resource\\_Directory.pdf](http://www.sst11.org/wp-content/uploads/2017/03/Colleges_Universities_Resource_Directory.pdf)

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<https://www.facebook.com/AutismSocietyCentralOhio/>

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**Do you shop on Amazon?** Remember ASCO as you shop on Amazon! Visit [smile.amazon.com](http://smile.amazon.com) and select Central Ohio Autism Society as your charitable organization. The AmazonSmile Foundation will donate 0.5% of the price of eligible purchases to ASCO. It costs you nothing extra to give! Go to: <https://smile.amazon.com/ch/31-1339541> Thank you!

**Autism Society, Central Ohio** does not endorse any specific treatments, programs, therapies or professionals providing those therapies. All information is provided FOR INFORMATIONAL PURPOSES ONLY. Parents and advocates are responsible for the choice of any treatment, therapy or service provider. Inclusion of any information or organization in this newsletter does not imply endorsement, and omission does not imply disapproval.

P.O. Box 272  
Worthington, OH 43085  
Telephone: 614.284.6323  
[www.autismcentralohio.org](http://www.autismcentralohio.org)  
Email: [centralohioasa@gmail.com](mailto:centralohioasa@gmail.com)